

Witham Health Services gathered information and assistance with its Community Health Needs Assessment during 2015 and posted the report in February 2016. The 2015 Community Health Needs Assessment (2015 CHNA) can be located on the Hospital's website under "About Us" on the "Read More" page.

This is an addendum to the 2015 assessment and includes additional items required in Internal Revenue Code (IRC) section 501(r) that does not appear in the posted 2015 CHNA report. Management believes this supplemental information included in this report will address the additional information required under 501(r) and satisfy the disclosure requirements for IRS Revenue Procedure 2015-21 including:

- Conspicuously posting of the report
- · Board approval
- Prioritization of the health needs identified in the CHNA report,
- Time period input was solicited for the CHNA report,
- Impact of action taken from the prior CHNA report
- Implementation strategy.



2015 Community Health Needs Assessment and Implementation Plan

2015 - Community Health Needs Assessment Supplemental information for the "2015 Community Health Needs Assessment" (referred herein as "2015 CHNA").

1.501(r)-3(b)(1)(ii)	Assess the health needs of that community:
	Identify significant health needs of the community, prioritize those health needs, and identify resources potentially available to address those health needs.
Health Needs	The 2015 CHNA report includes a "Summary of Findings" on page 16 list fourteen (14) significant health needs in the community, but does not prioritize the needs.
	A written plan has been adopted by the governing body prioritizing the needs and identify which ones will be addressed and which will not be addressed by the
	Hospital. Page 243 of the 2015 CHNA report does provide resources available to help address the significant needs identified.
1.501(r)-3(b)(1)(iii)	In assessing the health needs of the community, solicit and take input received from persons who represent the broad interest of the community, including those
	with special knowledge of or expertise in public health:
	Time period all of the following sources were solicited for input: public health department; medically underserved, low-income, and minority populations or those
	that represent the members of this group; and written comments on most recently conducted CHNA and implementation strategy.
Time Period	The 2015 CHNA data time period were as follows:
	Key informants were interviewed during June 2015.
	 Online key informant surveys were solicited from November, 2015 to 12-10-2015.
	Telephone surveys were solicited in October 2015.
	• Four Focus Groups took place in November 2014, and two in January 2015, to include Lebanon, Thorntown, and Zionsville.
Written Comments	No comments were received from the public regarding the 2012 Community Health Needs Assessment.
1.501(r)-3(b)(1)(iv)	Document the CHNA in a written report that is adopted for the hospital facility by an authorized body of the hospital facility:
	The report must be written and adopted (approved) by an authorized body of the hospital facility.
	The report must include: a definition of community served; description of process and methods used to conduct the CHNA; describe solicitation of input; description
	of prioritized significant health needs and process and criteria to identify the needs as significant; resources potentially available to address the needs; and
	evaluation of impact of any actions taken since the immediately preceding CHNA.
CHNA Adoption	The 2015 CHNA reports was presented to the governing body in December 2015, however, a formal vote was not made. The governing body approved the 2015
	CHNA and Implementation Strategy at the April 26, 2017 Board of Trustees meeting.



Prioritization Process

The process for prioritizing the fourteen health needs identified in the 2015 CHNA report uses the benchmark data and key informant rankings and the 2015 CHIP report from the County health department to identify which needs are significant. Additional, evaluation by the governing body and management on the Hospitals ability to assist with the significant needs was completed.

2015 Health Need Identified	Addressing	Not Addressing
Access to Health Care Services	See Implementation Strategy Plan	
Cancer	See Implementation Strategy Plan	
Chronic Kidney Disease		Not addressing in the 2016-2018 Implementation Strategy plan. #14 out of 14 and no key informants ranked it as a major problem.
Dementia/ Alzheimer	See Implementation Strategy Plan	
Diabetes	See Implementation Strategy Plan	
Heart Disease & Stroke	See Implementation Strategy Plan	
Injury & Violence		Not addressing in the 2016-2018 Implementation Strategy plan. #11 out of 14.
		Other Boone County agencies address this.
Mental Health	See Implementation Strategy Plan	
Nutrition, Physical Activity & Weight	See Implementation Strategy Plan	
Oral Health		Not addressing in the 2016-2018 Implementation Strategy plan. #10 out of 14. Dentist in
		the community are more equipped to address this need.
Respiratory Diseases		Not addressing in the 2016-2018 Implementation Strategy plan. #13 out of 14.
Sexually Transmitted Diseases		Not addressing in the 2016-2018 Implementation Strategy plan. #8 out of 14.
Substance Abuse	See Implementation Strategy Plan	
Tobacco Use	See Implementation Strategy Plan	



2012 Actions

Actions taken from the 2012 CHNA include the following:

Access to Health Services: ER Overutilization

- Opened Convenient Care in Lebanon.
- Expanded office hours.
- Provided resources for patients to obtain health insurance.

Cancer Deaths: Female Breast Cancer

- Provided \$49 screening mammograms.
- Sent mailers and publications to Witham's market area.
- Developed Witham Health Services Cancer services educational card.
- Partnered with Cancer Support Community of Central Indiana to provide additional cancer programs

Cancer Deaths: Lung Cancer

- Offered support groups to lung cancer patients.
- Promoted the Quit Line

Cancer Deaths: Prostate Cancer

- Educated men on the importance of screenings
- Offered community based prostate screenings.

Diabetes: Diabetes Management, Awareness/Utilization of Available Resources and Screening for High Blood Pressure

- Offered community diabetic education classes
- Educated community on the diabetic services offered at Witham Health Services.
- Provided Blood Pressure screenings at community outreach programs.

Nutrition & Weight

- Provided community wellness programs such as Silver Sneakers, Tai Chi, and Cooking for Wellness.
- Provided FitnessGrams to the local schools.

Tobacco Use

- Educated the community on dangers of smoking
- Educated community on Quit Line



Witham Health Services Supplemental Report 2015 Community Health Needs Assessment

2015 Community Health Needs Assessment and Implementation Plan

Implementation Strategy

Below is the action plan to provide specific actions, planned resources, anticipated impact and planned collaboration to address the needs identified in the 2015 CHNA. The plan was reviewed and adopted by the governing body at the April 26, 2017 Board of Trustees Meeting.

Substance Al	buse Key Informant Rai	nkings of Identified Ar	eas of Opportur	nity 2015 #1 of :	14 Areas	2012 #2 of 9 Areas		
Aı	rea of Opportunity	Impact/Goal	Short Term (1-3 years)	Long Term (4-7 years)	Healthy People 2020	Implementation Strategy	Hospital Resources/ Community Partners	Evaluation Method
Drug-Induced Deaths	Boone County age adjusted rate is 14.4 for drug induced deaths which is lower than Indiana rate of 16.8 and higher than Healthy Populations 2020 target of 11.3	Fewer drug related deaths	Next CHNA to report age adjusted death rate as <13 deaths	Death rate ≤ HP2020 death rate of 11.3	11.3	 Inventory available resources to address local substance use. Develop a process for sharing the availability of local resources to the public. 	 Physicians Schools Law Enforcement Mental Health	CHNA 2018
Seeking Help for Alcohol/ Drug Issues	Boone County rate for seeking help for alcohol/drug issues is 3.0.% and US rate is 4.9%	Increase % of persons seeking help for alcohol/ drug problem from 2015 rate of 3.0%	Next CHNA to report > 4%	Boone Co rate for seeking help for alcohol/ drug problems ≥ 5%	none	 Expand counseling services to improve access to needed services. Cooperate with law enforcement in provision of NARCAN for overdose persons. Continue to educate physicians, staff and 	 Medical Association Boone County Substance Abuse Task Force Boone County Health Department Witham Physicians Dr. Gatzimos Dr. Jones 	



Illicit Drug Use in Past Month	Boone County's reported rate for use of illicit drugs in past month is 1.6%. Despite rankings below HP2020, Key Informants ranked it #1 area of opportunity in 2015 and #2 area in 2012.	Decrease illicit drug use.	Boone County's reported rate of illicit drug use in past month will be ≤ 1.6%.	Boone County's reported rate of illicit drug use in past month will be < 1.6%.	7.1% use of illicit drugs	 community on the "Do no harm" law. Provide Pain Clinics-Addiction Therapy, Interventional Pain management Provide Suboxone clinic Partner with Boone County Substance Abuse Task Force to create and implement plan to improve scope of local services. Assist in securing needed medical management for substance abuse to include physician champion. Explore collaborative approach with local agencies in development of opioid rehab clinic. 		



Tobacco Use	e Key Informant Ranking	gs of Identified Areas	of Opportunity	2015 #2 of 14 Ar	eas 20	012 ># 5 of 9 Areas (not top 5)	
А	rea of Opportunity	Impact/Goal	Short Term (1-3 years)	Long Term (4-7 years)	Healthy People 2020	Implementation Strategy	Hospital Resources/ Community Partners	Evaluation Method
Current Smoker	Boone County rate of tobacco smokers is 12.8% which is lower than the IN rate of 21.9% and the US rate of 14.9% and higher than HP2020 target of 12.0%.	Decrease % of tobacco smokers.	# of tobacco smokers ≤ HP 2020 rate of 12.0%.	Maintain # of tobacco smokers ≤ HP 2020 rate of 12.0	12.0 %	 Promote "Indiana Quit Line" At MD visits, patient asked if they are a smoker and noted in medical chart. Pt is educated about harm of smoking and asked if they would like to be referred to Indiana Quit Line. If they 	 MD Indiana Quit Line Tobacco Free Boone County Boone County Health Department 	CHNA 2018
Awareness of Indiana Quit Line	48.4% of Boone County reports awareness of Indiana Quit Line.	Increase awareness of Indiana Quit Line	Increase awareness of Indiana Quit Line to 50%	Increase awareness of Indiana Quit Line to ≥ 55%	none	 agree, the referral is automatically made at time of visit. Physicians to question parents about smokers in the house and initiate referrals. Educate physicians on vaping so they can educate patients. 		



Witham Health Services Supplemental Report 2015 Community Health Needs Assessment

and Implementation Plan

Nutrition ,	Physical Activity, & Weight	Key Informant Ran	kings of Identifi	ed Areas of Opp	ortunity	2015 #3 of 14 Areas 2012	2 #1 of 9 Areas	
	Area of Opportunity	Impact/Goal	Short Term (1-3 years)	Long Term (4-7 years)	Healthy People 2020	Implementation Strategy	Hospital Resources/ Community Partners	Evaluation Method
Obesity (Adults)	Boone County's reported obesity rate is 32.4% which is higher than the IN rate of 31.8%, the US rate of 29.0% and the HP2020 target rate of 30.5%.	Decrease % of obese adults to ≤ HP 2020 target of 30.5%	Decrease % of obese adults to IN rate of 31.8%	Boone County to achieve goal of HP2020 rate of 30.5%	30.5%	 Education regarding harm of obesity Hire additional Endocrinologist Hire additional Diabetic Educator Promote Active lifestyles by offering Silver Sneakers to community Promote active lifestyle by offering Rock Steady Boxing Promote active lifestyles by offering Tai Chi for Health 	 MD's Witham Wellness Center Witham Family y Area based fitness centers Krames 	CHNA 2018
Obesity (Child)	Boone County 'reported obesity rate for children ages 5-17 is 16.2% which is higher than US rate of 14.8% and the HP2020 target rate of 14.5%.	Decrease % of obese children to less than or equal to HP 2020 target of 14.5%	Decrease % of obese children to 15.5%.	Boone County to achieve goal of HP2020 rate of 14.5%	14.5%	Physicians have parents and child complete physical activity questionnaire.	 Lebanon Community Schools Western Boone Community Schools 	CHNA 2018



Meeting Physical Activity Guidelines	Boone County reported 45.0% meeting physical activity guidelines which is below the US rate of 50.3%. There is no HP2020 rate for this item.	Promote physical activity by educating on importance of physical activity at MD visits and providing activities and sponsorships for physical activities.	> 45% of Boone County will report meeting the physical activity guidelines.	Boone County to achieve US rate of 50.3% meting physical activity guidelines.	none	 Provide Fitness Grams to area schools with results and recommendations to families, composite results to schools, education provided regularly to schools re good nutrition and fitness. Educate the community at events throughout the year about childhood obesity, Play 60 	 Zionsville Community Schools Traders Point Schools Boys and Girls Club Boone County 4-H YMCA Pearson Automotive Tennis Area based fitness centers Active Living committee
Year Round Recreational Opportunities for Youth	69% of Boone County respondents report the community provides enough recreation for youth year round. There is no HP 2020 rate for this marker.	Enhance community opportunity for physical activity through education and sponsorships that promote physical activity.	Seek ways to educate and promote physical activity.	≥ 70 % of Key Informants to perceive that the community provides enough year round recreational opportunities	none	 Promote physical activities with sponsorships and promotional items given: Jump ropes, chalk, playing cards, balls, Frisbees. Promote 5K and relays in the community to encourage physical activity. Partner with YMCA to promote activities. 	



Children's Computer Screen Time	Boone County reported children ages 5-17 with 3+ hours/day total screen time as 33.6% There is no HP2020 rate for this item.	Witham will promote education and physical activity that support the recommendation that children play for 60 minutes per day and limit screen time.	Seek ways to educate and promote physical activity.	No more than 33.6% of Boone County children ages 5-17 will report screen time of 3+ hours / day.	none			
Difficulty Accessing Fresh produce	Boone County's reported rate for "Very/somewhat" difficult to buy fresh produce is 14.1% which is lower that the IN rate of 24.4%. There is no HP2020 target for this item. Key informants ranked this as a topic under Nutrition, Physical Activity & Weight.	Improve opportunities to purchase fresh produce in Boone County. Boone County rate is more than 10% less than IN rate. This issue is also being address by Community Partners.	Seek ways to improve opportunities to access fresh produce in Boone County.	Move Boone County toward the IN rate of 24.4% access to fresh produce	none	Partner with Boone County's Nutrition and Education Program — Purdue Extension to promote the Farmer's Markets and gives access to buying fresh produce. Promote "This Old Farm" for purchasing fresh produce, vegetables and meats.	 Purdue Extension Lebanon, Whitestown & Zionsville Farmers Markets Witham Wellness Boone County Health Department Lebanon Community Schools Western Boone Community Schools Zionsville Community Schools Shalom House 	CHNA 2018



Mental Heal	th Key Informant Ranki	ngs of Identified Area	s of Opportunit	y 2015 #4 of 14	Areas	2012 #3 of 9 Areas		
А	rea of Opportunity	Impact/Goal	Short Term (1-3 years)	Long Term (4-7 years)	Healthy People 2020	Implementation Strategy	Hospital Resources/ Community Partners	Evaluation Method
Symptoms of Chronic Depression	Boone County reports 26.2% display symptoms of Chronic Depression (2+ Years) as compared to US rate of 30.4%. There is no HP2020 rate for this item.	Boone County residents will report decreased depression symptoms.	Boone Co will report < 26.2% as displaying symptoms of Chronic Depression (2+ Years).	Maintain report of chronic depression to <26.3%	none	 Depression Screenings at Senior Expo HRA follow-up to those reporting depression symptoms Require depression screening PHQ9 for any 	 Witham Wellness InWell Aspire Boone County Mental Health Boone County Health Department 	CHNA 2018
Suicide Deaths	Boone County has an age adjusted death rate of 16.0 which is greater than IN rate of 14.3 and higher than the US rate of 12.7. The HP2020 rate is 10.2.	Decrease suicide deaths in Boone County	Decrease adjusted death rate for suicide to ≤ 14.3.	Boone Co will report ≤HP2020 adjusted death rate of 10.2	10.2	patient on pain medication (Do No Harm Law) and referral to mental health provider for management Provide depression management & education to residents Partner with mental health organizations to improve identification and treatment of mental health issues that may lead to suicide.	• Krames	



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Diabetes	Key Informant Rankings of	Identified Areas of O	pportunity 201	5 #5 of 14 Areas	2012	>#5 of 9 Areas (not top 5)		
А	rea of Opportunity	Impact/Goal	Short Term (1-3 years)	Long Term (4-7 years)	Healthy People 2020	Implementation Strategy	Hospital Resources/ Community Partners	Evaluation Method
Prevalence of borderline/ pre-diabetes	Boone County has a 7.5% rate of pre-diabetes as compared to US rate of 5.1 %. There is no HP2020 rate for this item. Diabetes was also listed as an opportunity in 2012 (not in top 5).	Decrease the prevalence of borderline/prediabetes.	Decrease the prevalence of borderline/prediabetes to ≤ 6.5%.	Decrease the prevalence of borderline/ prediabetes in Boone County to less than or equal to US rate of 5.1%.	none	 MD's to refer pre-diabetic pts for education regarding prediabetes management and prevention Refer pre diabetics to diabetic prevention program sponsored by YMCA Install Rapid A1-C Screenings in office Hire additional Endocrinologist 	 MD's Dieticians and Nurse Educators Witham Family YMCA 	CHNA 2018



Dementia, i	ncluding Alzheimer's Disease	e Key Informant	Rankings of Ider	ntified Areas of C	Opportun	ity 2015 #6 of 14 Areas	2012 >#5 of 9 Areas (not	top 5)
,	Area of Opportunity	Impact/Goal	Short Term (1-3 years)	Long Term (4-7 years)	Healthy People 2020	Implementation Strategy	Hospital Resources/ Community Partners	Evaluation Method
Alzheimer's Disease Deaths	Boone County has an age adjusted death rate of 43.6 which is greater than IN rate of 26.6 and higher than the US rate of 24.2. There is no HP2020 rate for this item.	Decrease Alzheimer death rate for Alzheimer's disease in Boone County by reducing associated risk factors.	Key informants perception of importance of Alzheimer disease death to decrease in the next CHNA survey.	Decrease Boone County adjusted Alzheimer disease death rate to move towards IN rate of 26.6.	none	 Provide education and presidential seminars to the community and caregivers re Alzheimer's management and available resources Provide Alzheimer Support Group classes to the community. Hire Neurologist 	 MD's Alzheimer's Association Boone County Senior Services Boone County Community Clinic Boone County Health Department CICOA 	CHNA 2018



Heart Diseas	e and Stroke Key Inform	mant Rankings of Ider	ntified Areas of C	Opportunity 201	L5 #7 of 1	14 Areas 2012 Not on list		
Ar	rea of Opportunity	Impact/Goal	Short Term (1-3 years)	Long Term (4-7 years)	Healthy People 2020	Implementation Strategy	Hospital Resources/ Community Partners	Evaluation Method
Heart Disease Deaths	Boone County has an age adjusted death rate of 186.2 which is greater than IN rate of 185.8 and higher than the US rate of 169.1 and HP2020 rate of 156.9.	Decrease death rate for heart disease in Boone County by reducing associated risk factors.	Key informants perception of importance of heart disease to decrease in the next CHNA survey.	Decrease Boone County adjusted heart disease death rate to move towards the HP2020 adjusted death rate of 156.9.	156.9	 Provide state of the art medical intervention to save lives of acute cardiac distress Heart Screens Cath lab Cardiology Services through St Vincent Medical Group 	 Physicians Witham Health Services Boone County Community Clinic St Vincent Medical Group Cardiology Partner with Indianapolis 	CHNA 2018
Stroke Deaths	Boone County has an age adjusted death rate of 53.3 which is greater than IN rate of 41.7 and higher than the US rate of 36.5 and HP2020 rate of 34.8.	Decrease stroke death rate in Boone County by reducing associated risk factors.	Key informants perception of importance of stroke death to decrease in the next CHNA survey.	Decrease Boone County adjusted stroke death rate to move towards the HP 2020 rate of 34.8.	34.8	 Work towards becoming Stroke Ready Certified Educational materials Heart scans Improve medical management by increasing medical staff Hire Neurologist 	Indians Stroke Awareness Retreat & Refresh Stroke Camp American Heart Association	



Cancer	Key Informant Rankings of Identified Areas of Opportunity 2015 #9 of 14 Areas			2012 >#5 of 9 Areas (not top 5)				
	Area of Opportunity	Impact/Goal	Short Term (1-3 years)	Long Term (4-7 years)	Healthy People 2020	Implementation Strategy	Hospital Resources/ Community Partners	Evaluation Method
Cancer Deaths	• Lung Cancer Boone County has an age adjusted death rate of 50.8 which is lower than IN rate of 54.1, higher than both the US rate of 43.4 and the HP2020 rate of 45.5. • Prostate Cancer Boone County has an age adjusted death rate of 29.1 which is higher than IN rate of 20.4, the US rate of 19.2 and the HP2020 rate of 21.8.	Decrease death rate for lung cancer in Boone County by reducing associated risk factors. Decrease death rate for prostate cancer in Boone County by reducing the associated risk factors.	Key informants perception of importance of lung cancer death to decrease in the next CHNA survey. Key informants perception of importance of prostate cancer death to decrease in the next CHNA survey.	Decrease Boone County adjusted lung cancer death rate to move towards the HP2020 rate of 45.5. Decrease Boone County adjusted prostate cancer death rate to move towards the HP2020 rate of 21.8.	45.5 21.8	 Renovate Cancer Institute to better serve the needs of our community Acquire state of the art equipment – TrueBeam Linear Accelerator Acquire new PET/CT for cancer treatment mapping Acquire new 3DMammography machine Provide cancer support education, classes and support groups to the community Provide prostate cancer screenings Provide skin cancer screenings 	Boone County Cancer Society Boone County Community Clinic Boone County Health Department Cancer Community of Indiana American Cancer Society BCCP Mammogram assistance program Physicians Witham Foundation	CHNA 2018



• Female Breast Cancer Boone Co has an age adjusted death rate of 22.4 which is higher than IN rate of 21.5, the US rate of 20.9 and the HP2020 rate of 20.7.	Decrease death rate for breast cancer in Boone County by reducing the associated risk factors.	Key informants perception of importance of breast cancer death to decrease in the next CHN survey.	Decrease Boone County adjusted breast cancer death rate to move towards the HP2020 rate of 20.7.	20.7	 Support local cancer programs Increase awareness that screening mammograms are covered at no additional charge to insured patients Focus on early detection 	



Access to Health Care Key Informant Rankings of Identified Areas of Opportunity 2015 #12 of 14 Areas 2012 #5 of 9 Areas								
Area of Opportunity		Impact/Goal	Short Term (1-3 years)	Long Term (4-7 years)	Healthy People 2020	Implementation Strategy	Hospital Resources/ Community Partners	Evaluation Method
Appointment Availability	In Boone County 14.2% report having difficulty getting an appointment in the past year which is lower than the US rate of 17.0 %. There is no HP2020 rate for this marker.	Easy access to getting medical appointment. and decrease non-emergent visits to ED.	Continue to increase easy access to getting medical appoints.	Continue to increase easy access to getting medical appointments and remain ≤ 14.2% rate.	none	 Witham physician practices to offer an appointment on their first call Acute cases – same day Non-acute – within 3 days Monitor Press Ganey satisfaction scores 	 MD's Convenient Care Press Ganey Satisfaction Scores 	CHNA 2018
Ongoing Source of Medical Care	Boone Co has 88.8% that report a specific source of ongoing medical care compared to US rate of 76.3% and the HP2020 target is 95% for this item.	Educate community on available resources for on-going medical care.	≥ 88.8%. of Community to continue to identify a specific source for on-going medical care.	To achieve the HP2020 target of 95%.	95.0%	Continue to expand availability for primary care	 Boone County Community Clinic Boone County Health Department Non Witham primary Care physicians in 	CHNA 2018



						Boone County
Routine	Boone Co reports 87.1% of	Boone County	≥ 87.1% of	Maintain a	none	
Medical Care	children have had a check-up	children to receive a	Boone County	report of child		
(children)	in the past year which is	yearly check-up	children will	having check-up		
	better than the US rate of		have had a	in the past year		
	84.1%. There is no HP2020		check-up in the	of ≥87.1%.		
	target for this item.		past year.			



Adoption of Implementation Strategy

On April 26, 2017, the Board of Trustee of Witham Health Services met to discuss this plan for addressing the community health priorities identified through our Community Health Needs Assessment. Upon review, the Board approved this implementation Strategy and the related budget items to undertake the measures to meet the health needs of the Community.

Board of Trustees Signatures