

DEVELOPMENTAL MILESTONE/LANGUAGE SKILLS

AGE	GROSS MOTOR	VISUAL MOTOR	LANGUAGE	SOCIAL
1 mo.	Raises head slightly from prone, makes crawling movements, lifts chin up.	Has tight grasp, follows to midline.	Alert to sounds (e.g., by blinking, moving, startling).	Regards face.
2 mos.	Holds head in midline, lifts chest off table.	No longer clenches fist tightly, follows objects past midline.	Smiles after being stroked or talked to.	Recognizes parent.
3 mos.	Supports on forearms in prone, holds head up steadily.	Holds hands open at rest, follows in circular fashion.	Coos (produces long vowel sounds in musical fashion).	Reaches for familiar people or objects. Anticipates feeding.
4 – 5 mos.	Rolls front to back, back to front, sits well when propped. Supports weight on wrists and shifts weight.	Moves arms in unison to grasp, touches cube placed on table.	Orients to voice. At 5 months – turns head toward sound	Enjoys looking around environment.
6 mos.	Sits well unsupported, puts feet in mouth in supine position.	Reaches with either hand, transfers objects, raking grasp.	Babbles. At 8 months, says “DaDa”/”MaMa” indiscriminately.	Recognizes strangers.
9 mos.	Creeps, crawls, cruises, pulls to stand, pivots when sitting.	Uses pincer grasp, points with forefinger, holds bottle. Finger foods.	Imitates sounds, waves bye-bye. At 10 months, “DaDa”/”MaMa” indiscriminately. At 11 months, one word.	Starts to explore environment. Plays pat-a-cake.
12 mos.	Walks alone.	Throws objects, lets go of toys, hand release, uses mature pincer grasp.	Follows one-step command with gesture, uses two words. At 14 months, uses three words.	Imitates actions, comes when called, cooperates with dressing
15 mos.	Creeps upstairs, walks backwards.	Builds tower of 2 blocks in imitation of examiner, scribbles in imitation.	Follows one-step command without gesture, uses 4-6 words and immature jargoning (puts several unintelligible words together)	
18 mos.	Runs, throws toy from standing without falling.	Turns 2-3 pages at a time, fills spoon and feeds him/herself.	Knows 7-20 words, points to one body part when named, uses mature jargoning (includes intelligible words in jargoning).	Copies parent in tasks (e.g., sweeping, dusting). Plays in company of other children.

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21 mos.	Squats in play, goes up steps.	Builds tower of 5 blocks, drinks well from cup.	Points to 3 body parts, uses two-word combinations, points to 5 body parts.	Asks to have food and to go to the toilet.
24 mos.	Walks up and down steps without help.	Turns pages one at a time, removes shoes, pants, etc., imitates adults	Uses 50 words, two-word sentences and three pronouns, names objects in pictures.	Parallel play.
30 mos.	Jumps with both feet off floor, throws ball overhand.	Unbuttons, hold pencil in adult fashion, differentiates, horizontal and vertical line.	Uses pronouns "I, you, me" discriminately.	Tells first and last names when asked gets himself drink without help.
3 years	Pedals tricycle, can alternate feet when going up stairs.	Dresses and undresses partially, dries hands if reminded, draws a circle.	Uses 3-word sentences, uses plurals, past tense. Knows all pronouns. Minimum 250 words.	Group play, shares toys, takes turns, plays well with others, knows full name, age, sex.
4 years	Hops, skips, alternates feet going downstairs.	Buttons clothing fully, catches ball.	Knows colors says song or poems from memory, asks questions.	Tells "tall tales," plays cooperatively with a group of children.
5 years	Skips, alternating feet, jumps over low obstacles.	Ties shoes, spreads with knife.	Prints first name, asks what a word means.	Plays competitive games, abides by rules, likes to help in household tasks.